

SEMESTER CONVERSION

SUMMARY OF CATALOG RECOMMENDATIONS

Starting Fall 2026, all courses move to semesters. You have two options: stay on the 2022-2026 quarter catalog and finish your requirements with equivalent semester courses, or switch to the 2026-2028 semester catalog and get credit for the quarter courses you've already completed.

Each recommendation below points you to the catalog that helps most, often a lighter course load or better-timed courses. You can follow it or choose the catalog that fits your plan.

If the year you started or student type is not represented below: Talk with an Advisor about catalog recommendations.

Major	First Year Admitted 2025	First Year Admitted 2024	Transfer Admitted 2025
ANG	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2026-2028 Semester Catalog* Semester Equivalency Guide
ART	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2026-2028 Semester Catalog* Semester Equivalency Guide
CD	2026-2028 Semester Catalog* Semester Equivalency Guide	2026-2028 Semester Catalog* Semester Equivalency Guide	2026-2028 Semester Catalog* Semester Equivalency Guide
COMS	2026-2028 Semester Catalog* Semester Equivalency Guide	2026-2028 Semester Catalog* Semester Equivalency Guide	2026-2028 Semester Catalog* Semester Equivalency Guide
ENGL	2026-2028 Semester Catalog* Semester Equivalency Guide	2026-2028 Semester Catalog* Semester Equivalency Guide	2026-2028 Semester Catalog* Semester Equivalency Guide
ES	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2026-2028 Semester Catalog* Quarter Equivalency Guide
GRC	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2026-2028 Semester Catalog* Semester Equivalency Guide
HIST	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2026-2028 Semester Catalog* Semester Equivalency Guide
IS	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2026-2028 Semester Catalog* Semester Equivalency Guide
JOUR	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2026-2028 Semester Catalog* Semester Equivalency Guide
LAES	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	Talk with an Advisor

Major	First Year Admitted 2025	First Year Admitted 2024	Transfer Admitted 2025
MU	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2026-2028 Semester Catalog* Semester Equivalency Guide
PHIL	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2022-2026 Quarter Catalog Quarter Equivalency Guide
POLS	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2022-2026 Quarter Catalog Quarter Equivalency Guide
PSY	2026-2028 Semester Catalog* Semester Equivalency Guide	2026-2028 Semester Catalog* Semester Equivalency Guide	2026-2028 Semester Catalog* Semester Equivalency Guide
SOC	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2026-2028 Semester Catalog* Semester Equivalency Guide (excluding 2+2)
SPAN	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2026-2028 Semester Catalog* Semester Equivalency Guide
TH	2026-2028 Semester Catalog* Semester Equivalency Guide	Talk with an Advisor	2022-2026 Quarter Catalog Quarter Equivalency Guide

***Catalogs will be automatically updated mid July, 2026. All other students should submit a [change of catalog form](#) in July 2026. Watch for emails with more information.**

How to read the semester equivalency guide: [video](#) (passcode:3k247^j*)

TIPS FOR ALL MAJORS:

- **Check Cal Poly email daily** for updates from your major department, CLA Advising Center and Office of the Registrar.
- Take an **average of 15 semester units per term** to stay on track.
- If you are on track now, you will still be able to graduate on time if you are following the guidance here, checking your email, and meeting regularly with Faculty and CLA Advisors.
- **Follow CLA Advising on [Instagram](#).**